



Optimal Health Global

 COACHING PROGRAM



LAURA KOPEC'S EXPERTISE

Laura has two Master Degrees, several certifications and more than 30 years in leadership, education, and management. She is a published author, podcast host and nationally recognized public speaker. A business owner for over 15 years, she began business coaching over 7 years ago with the demand for more experiential coaching in area of functional testing, business operations and growth for holistic practices and a select few small businesses.

DIFFERENT & PRECISE

Coaching Services

Have you completed training on functional panels but still feel insecure about reviewing these panels with your clients/patients?

Do you want to create passive income with retail nutritional supplements but do not know how to navigate?

Do you feel your business is not living up to its full potential but have spent enough on marketing and other traditional avenues?

Do you find you struggle with too much empathy or other aspects of your personality might be getting in the way of being as successful as you can be?

CONTACT FOR MORE INFO AND PRICING



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VIRTUAL

One on one sessions/Group Sessions

Work with Laura by phone or virtually to discuss different topics such as going over real cases, and/or going over real functional panels, and learn how to navigate and make recommendations for clients.

Learn about your strengths and weaknesses with clients to create better operations, policies and better cash flow.

Learn how to manage a retail supplement business.

Available for one on one or several persons from your office at one time.



IN PERSON OPTIONS

Shadow Laura in her own practice both as a practitioner and business owner.

Shadow Laura' staff and business operations including her practitioners who have been trained by Laura.

Experience our operational system such as custom AI created by Laura to create more efficiency.

Have Laura come into your office for 3 day packages to dive into your operations and observe the workings of your practice for real time hands on improvement.

